SHERWOOD FAMILY CHIROPRACTIC CLINIC

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INFORMED CONSENT FOR CHIROPRACTIC ADJUSTMENTS AND TREATMENT OR MASSAGE THERAPY

Chiropractic examination and therapeutic procedures (including spinal adjustment, ultrasound, heat/ice application, electrotherapy, and manual muscle therapy) are considered safe and effective methods of care. Occasionally, however, complications may arise. Any procedure intended to help may have complications. While the chances of experiencing complications are rare, it is the practice of this office to inform our patients about them. These complications include, but are not limited to, soreness, inflammation, soft tissue injury, dizziness, burns, and temporary worsening of symptoms. More serious complications are extremely rare. Optional massage techniques that may be used during your appointment upon your verbal consent include Gua sha and cupping. Gua sha is a technique using plastic or ceramic tools. The tools are scraped along the skin in an effort to 'move blood' to treat pain, cold or flu. Gua sha can leave some marks or bruises (resembling 'road rash') in the area where the scraping is performed. It could possibly leave the area feeling sore. Cupping uses glass or plastic round 'cups' that act as suction devices. They are placed on the skin to bring blood to the surface and improve circulation to the area. This technique will leave round bruise marks in the area that are usually not painful. Gua sha and cupping are optional treatments and you are free to stop at any time. Additional information on side effects and complications are available upon request.

I have read and understand the above statements regarding treatment side effects. I also understand that there is no guarantee or warranty for a specific cure of result.

To be completed by patient: Or, if necessary, by patient's Parent/Guardian.

Patient Name:_____ (Guardian Name):_____

Signature:_____

Date:_____ Relationship:_____